

APEX SKATING ACADEMY

STAR ACADEMY PROGRAM



APEX Skating Academy is excited to announce our **NEW STAR Academy Program!** STAR Academy sessions are an introduction to figure skating and are geared towards skaters working on STAR 1 Assessments. Skaters will learn the fundamentals in the 3 Areas of Skate Canada's STAR Program: FreeSkate (Jumps and Spins), Skating Skills (Stroking and Field Movements) and Ice Dance. The STAR Academy will be taught in a group format by trained Skate Canada Professional Coaches in a fun and enthusiastic atmosphere.

Eligibility: Skaters working on STAR 1 Assessments.

*CanSkaters working on Stages 4, 5 and 6 are also encouraged to register for the **STAR Academy Program**.

	Day and Time	Cost
Saturday and Wednesday (8 sessions)	Saturday (2:50pm-3:50pm) – September 8, 15, 22, 29 & Wednesday (5:30pm-6:30pm) – September 5, 12, 19, 26	\$130+HST
Saturdays (4 sessions)	Saturday (2:50pm-3:50pm) – September 8, 15, 22, 29	\$75+HST
Wednesdays (4 sessions)	Wednesday (5:30pm-6:30pm) – September 5, 12, 19, 26	\$75+HST

***Note: All coaching fees are included in the cost of the STAR Academy Program.**

How to Register: Registration will be completed online at <https://apex.uplifterinc.com> and accepted on a first come first served basis.

Registration Opens – **Saturday, July 28, 2018 at 1:00PM**

Registration Closes – **Monday, September 3, 2018**

Program Dates and Locations:

SATURDAYS		WEDNESDAYS	
08-Sept	Robert French Memorial Stadium	05-Sept	Robert French Memorial Stadium
15-Sept	Robert French Memorial Stadium	12-Sept	CBS Arena
22-Sept	Robert French Memorial Stadium	19-Sept	CBS Arena
29-Sept	Robert French Memorial Stadium	26-Sept	CBS Arena

If you have any questions please inquire at apexskatingacademy@gmail.com

